



Meeting Report

The First Chinese American Neurological Association (CANA) Annual Meeting

The first Chinese American Neurological Association (CANA) Annual Meeting with CME credentials was successfully held in Flushing, New York, on September 3, 2016. This CME meeting was supported by Association of Chinese American Physicians.

More than 60 health practitioners from United States, China and other countries attended this meeting. The conference included a half day plenary session on neurology updates including stroke (Dr. David Wang, Peoria, IL), multiple sclerosis (Dr. Huijuan Zhang, Richland, WA), Parkinson disease (Dr. Lin Zhang, Sacramento, CA), headache (Dr. Jin Li, Valhalla, NY), epilepsy (Dr. Yi Pan, St. Louis, MO), and neuromuscular medicine (Dr. Jin Jun Luo, Philadelphia, PA). The information in the plenary session benefited the audience on better understanding the topics in their practice.

A noon-time symposium (conducted by Dr. Lei Ding, New York, NY) on introduction to 'Mytwan', an electronic social media platform for contemporary medicine stimulated interests from the audience. Practice pearls on coding, billing and managing for private practitioners (Dr. James Wang, Memphis, TN; Dr. Howard Kuo, Edison, NJ; and Dr. Huijuan Zhang, Richland, WA) provoked influential echoes from the participants.

Botox workshop (Dr. Katherine Wang, Boston, MA and Dr. Shan Chen, New Brunswick, NJ) demonstrated hands-on techniques and theories on applying Botox injection for various neurological movement disorders, such as dystonia, hemifacial spasms, migraine and spasticity.

A session of discussing challenging neurological cases was enjoyed by neurology residents in training and practitioners. Dr. Yi Zhang (PGY-4, St. Louis University, MO) presented a case of concurrent motor neuron disease with a genetic mutation unique to Kennedy's disease in a female patient. Dr. Yin Liu (PGY-4, Loma Linda University, CA) presented a case of localization-related epilepsy in a patient with neuromyelitis optica spectrum disorder with arachnoid cysts. Dr. Qing Ni (Atlanta, GA) shared a case of subclavian steal syndrome in a patient with recurrent focal ischemic neurological symptoms and signs.

For residents and fellows and young neurologists who are interested in pursuing an academic pathway, the session of career development (Dr. Jin Li, Valhalla, NY and Dr. Lan Qin, Worcester, MA) provided practical pearls for chasing their dreams in the USA.

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The authors reported no disclosures